

Adolescent Outpatient Group

Southwest Counseling Service provides mental health and substance abuse services for adults, children, adolescents and families. Southwest Counseling's Adolescent Outpatient Group is designed for teenagers, ages 13-17, who are abusing or are dependent on alcohol or drugs including marijuana, methamphetamines, cocaine and prescription medications.

The group meets 3 hours a week at the College Drive office and will be utilizing the Moral Reconciliation Therapy.

Moral Reconciliation Therapy (MRT) works to help individuals make decisions by doing what is right. The word "reconciliation" has to do with how we make our decisions.

Parenting Classes

Southwest Counseling Service provides a free parenting class several times a year. The skills taught include logical techniques and foundations for discipline, which give parents a plan for making few mistakes. All of the skills taught in the four-week class center around on crucial element of parenting which is spending time with your children. The class offers practical guidelines that can easily be adapted into any parent's style of interaction with their children.



1124 College Drive
Rock Springs, WY 82901



Child, Adolescent & Family Services

Administrative/Mental Health

1124 College Drive
Rock Springs, WY 82901
(307) 352-6680
Fax: (307) 352-6676

Recovery Services

2300 Foothill Boulevard
Rock Springs, WY 82901
(307) 352-6677
Fax: (307) 352-6614

Psychosocial Services

2706 Ankeny Way
Rock Springs, WY 82901
(307) 352-6689
Fax: (307) 352-6692

Green River

175 Riverview Drive
Green River, WY 82935
(307) 872-3205
Fax: (307) 872-3207

www.swcounseling.org

GET THE HELP YOU NEED.

You might not know who to turn to, but there are places and people around you who want to help you.

Child, Adolescent & Family Services

Southwest Counseling Service provides mental health and substance abuse services for adults, children, adolescents and families. Southwest Counseling has comprehensive services for children, adolescents and families.

Child, adolescent and family services include:

- Early Childhood Intervention
- Intensive Family Based Therapy
- Adolescent Jail-Based Case Management
- Adolescent Outpatient Group
- Parenting Classes



1124 College Drive, Rock Springs, WY 82901

The common thread among teens who do well academically and socially, and stay healthy and drug-free, is that they have close relationships with their parents.

Source: www.theanti-drug.org



Early Childhood Intervention

Southwest Counseling Service's Early Childhood Intervention Program provides:

- Support for children ages 3 to 6 who are struggling emotionally or socially.
- Classroom interventions by a licensed therapist and a trained case manager.
- Play therapy and self-esteem play groups.
- Parent/caregiver support and ideas for how to help their child succeed.
- Training for school teachers, aids and administrators on how to deal with certain emotional, social or behavioral concerns.

The Early Childhood Intervention Program can help your child:

- Adjust to a new environment
- Adjust to new peers
- Handle being away from a caregiver for the first time

Adolescent Jail-Based Case Management

Adolescent Jail-Based Case Management links adolescents at the Sweetwater County Detention Center with specific services to address their specific needs including:

- Substance Abuse Treatment
- Mental Health Services
- Employment Services
- Educational Services

This process includes referral, advocacy, monitoring and follow-up services. Communication occurs with the detention center nursing staff, parents/guardians, school districts, and community resources. Educational groups with the adolescents will address coping skills, anger management, social skills and life skills.

Intensive Family Based Therapy Services

Intensive Family Based Therapy is a family focused, community based treatment to help youth and their family with:

- Chronic, violent delinquent behavior
- Serious emotional problems
- Truancy and academic problems
- Serious disrespect & disobedience
- Aggressive behavior (fighting & property destruction)
- Criminal behavior
- Drug & alcohol problems
- Running away

