

Continuing Care

Continuing Care is provided to individuals who have successfully completed treatment, either outpatient or residential.

Continuing Care is provided to support the client's sobriety, reinforce his/her treatment and begin the process of relapse prevention.

DUI Class

Southwest Counseling Service offers a basic traffic, alcohol and drug awareness (DUI) course. The comprehensive 8-hour educational program is for individuals with a drug or alcohol related traffic offense. The goal is to help individuals become aware of the dangers of driving under the influence of alcohol and other drugs.

Prevention Services

Southwest Counseling Service provides prevention services to inform the public about substance abuse, and to promote healthy social change. Target areas include:

- Underage & Binge Drinking
- Tobacco Prevention
- HIV/AIDS Awareness Education
- Methamphetamines & Other Drugs
- Other additional services

The goal is to provide individuals with the knowledge and tools to prevent use and/or to intervene at early stages of abuse.



Residential Treatment Services

Rosen Recovery

Rosen Recovery is a short-term (3-6 month) residential treatment program for people with substance abuse problems who are unable to maintain sobriety in the community.

Therapeutic Community

The Therapeutic Community is a long-term (6 -12 month) residential treatment program for individuals with severe substance abuse disorders, co-occurrence disorders, and/or criminal behavior. It is highly structured, confrontive and is an effective alternative to jail or prison.

Women's Addiction Program

The Women's Addiction Program allows pregnant women and mothers with substance abuse problems to receive intensive residential treatment while having their children with them.

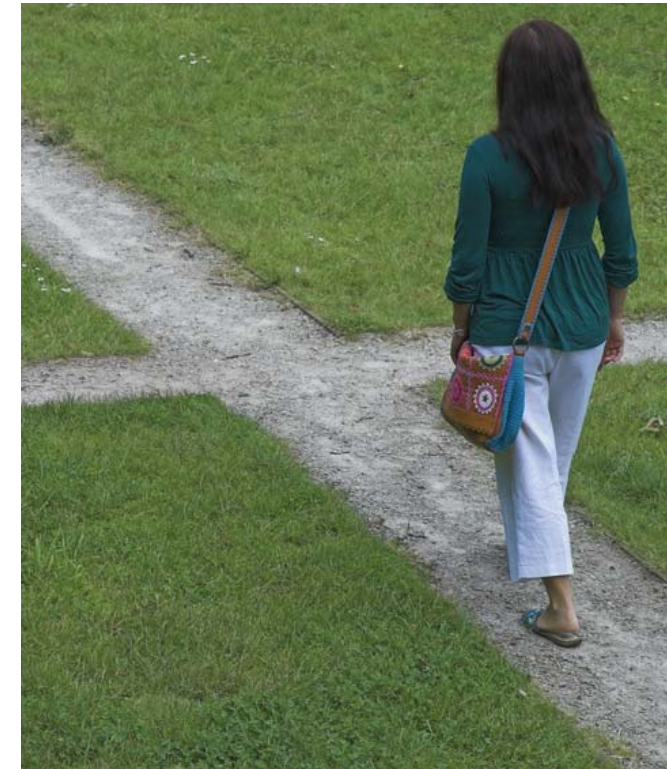
The program provides clients with parenting skills, thus increasing the women's motivation for change and eliminating the need for foster placement.

Sober Living

Sober Living is a half-way house (a peer supported environment) for individuals that have successfully completed treatment.

GET THE HELP YOU NEED.

You might not know who to turn to, but there are many places and people around you who are interested and want to help – even if you want anonymous advice. Addressing the problem by yourself is more stressful and more difficult than getting assistance. *Source: www.drugfree.org*



Recovery Services

Administrative/Mental Health

1124 College Drive
Rock Springs, WY 82901
(307) 352-6680
Fax: (307) 352-6676

Recovery Services

2300 Foothill Boulevard
Rock Springs, WY 82901
(307) 352-6677
Fax: (307) 352-6614

Psychosocial Services

2706 Ankeny Way
Rock Springs, WY 82901
(307) 352-6689
Fax: (307) 352-6692

Green River

175 Riverview Drive
Green River, WY 82935
(307) 872-3205
Fax: (307) 872-3207

YOU ARE NOT ALONE.

Many people get help, recover and return to a healthy and fulfilling life.

Recovery Services

Southwest Counseling Service provides mental health and substance abuse services for adults, children, adolescents and families.

Southwest Counseling's Recovery Services include:

- Substance abuse treatment
- Residential treatment services
- Drug & alcohol assessment
- Treatment Readiness Group
- Life Skills Group
- Gender Specific Intensive Outpatient Program (IOP)
- Relapse Prevention
- Corrective Thinking
- DUI Class
- Individual, couple, and family treatment
- Prevention and intervention
- Resource for questions about substance abuse
- Other community information

Substance abuse treatment is designed to provide support, education, life skills, knowledge and tools to fight addiction.



ADDICTION CAN HAPPEN TO ANYONE.
FORTUNATELY, ANYONE CAN RECOVER WITH HELP.

Source: www.drugfree.org


Drug & Alcohol Assessment

Southwest Counseling Service provides comprehensive drug and alcohol assessment to all individuals seeking substance abuse treatment in order to determine the most appropriate course of treatment. Treatment recommendation can include:

- Individual counseling
- Intensive group therapy
- Residential treatment (short & long term)

Assessments are based on American Society of Addiction Medicine (ASAM) Patient Placement Criteria.

Treatment Readiness Group



Treatment Readiness Group is offered to any client referred to a Recovery Services program prior to their assessment or entry into an intensive program. The purpose is to provide early intervention to people waiting to get into a treatment program, introduce the treatment process, assess motivation and interest, discover ways to stay drug free until treatment begins, and educate about the basic principles of the addiction process.

The group meets weekly for an hour. Initial treatment planning may begin to focus on the items necessary to begin treatment.

Gender Specific Intensive Outpatient Program

The Gender Specific Intensive Outpatient Program (IOP) is for individuals who have been diagnosed with a substance dependence and require more than individual treatment. The program groups are separated by gender and meet nine hours a week.

RECOVERY OCCURS OVER TIME — IT IS NOT A SINGLE MOMENT IN TIME. IT IS A CONSTANTLY EVOLVING PERIOD THAT REQUIRES WORK TO MAINTAIN. RECOVERY IS A NEW BEGINNING, AND CAN BE A TIME OF GREAT PERSONAL FULFILLMENT AND GROWTH FOR PEOPLE IN RECOVERY AND THEIR FAMILIES.

Source: www.drugfree.org



Relapse Prevention

The Relapse Prevention program offers additional services targeted at relapse issues for individuals while in outpatient treatment and is offered weekly.

Corrective Thinking

Corrective Thinking is a program designed to help individuals learn their thinking errors that have led to irresponsible and criminal behavior. Correctives are taught to help individuals lead a more responsible, crime-free life.